

## FREE

**Including Jefferson, Randolph & Shelburne** At the Tip of Mount Washington Valley

## FREE

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P.O. Box 123, Gorham, NH 03581

**Issue 9** October 25, 2012





It is time to reset your clocks! This year, Daylight Savings Time officially ends on Sunday, November 4, 2012 when clocks are set back one hour at 2:00 a.m. The Fire Department also reminds residents to change the batteries in smoke and carbon monoxide detectors and in all emergency accessory kits when they reset their clocks.

## **Commemorate Veterans'** Day, November 11th

We honor our vets every day of the year, but we observe November 11th as a special time to give thanks and prayers for all those who have served, and continue to serve, our great Country.







#### **Remembering the Meaning of Veteran's Day**

Red, white, and blue circulars announcing 50% off all mattresses. No school! The gas station's flag flying at half mast. For too many of us, these are our Veteran's Day associations. For those of us not directly impacted by the war in Iraq, for those without friends and family who have served, it is far too easy to forget the meaning of this important day.

Veteran's Day began as Armistice Day to commemorate the end of World War I - optimistically coined "the war to end all wars." President Woodrow Wilson declared, "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice..."

Though the War did not officially end until June 28, 1919, an informal armistice was signed at the 11th hour on the 11th day of the 11th month of the preceding year. For this reason, Veteran's Day falls on November 11. This was not always the case. Attempts were made to change the date so it would fall on Monday, making for convenient three-day weekends. Recognizing that this was not a holiday about a getaway to the Dells or shopping sprees at the mattress store, and realizing the significance of this important historic commemoration, President Gerald Ford responded to the American people and returned the holiday to November 11.

Most of us do not like war. But, we must separate those feelings from the gratitude we owe to those who have served. It is important that we take pause from our busy lives and imagine a day in the life of those in service - sleepless nights, grueling work, physical hardship, separation from loved ones, fear, and loss. It is important that we take a moment to thank the men and women who have made supreme sacrifices for our country. Come Wednesday, November 11, bake cookies for your local VFW; ask a veteran to share his or her remembrances of service; send a care package to our troops; gaze at the gas station's flag at half mast and remember exactly what that means.

#### The American's Creed

I believe in the United States of America as a government of the people, by the people, for the people; whose just powers are derived from the consent of the governed, a democracy in a republic; a sovereign nation of many sovereign states; a perfect union, one and inseparable; established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes.

I therefore believe it is my duty to my country to love it, to support its constitution, to obey its laws, to respect its flag, and to defend it against all enemies. (Authorized Version)



Lunches & Dinners available all day long! Soups-Paninis-Pastas-Salads-Desserts-Espresso-Lattes-Cappuccino Friday & Saturday Night Dinner Menu til 9pm Fresh Lobster-Haddock-Scallops-Salmon Veal, Chicken & Eggplant Parmesans & So Much More!

Plan Ahead! Fill your fridge & freezer! We will be closed November 4th through November 19th. Reopening November 20th at 10am

Check us out on Facebook to get all the daily specials and then join us for great food and drink! Michael & Sylvia Saladino 152 Main Street • Gorham, NH 03581 • Phone 603-466-2520 • Fax 603-466-2510 www.saladinositalianmarket.com Open Tues., Wed., Thurs. 10 am to 6 pm Friday & Saturday til 9 pm; Closed Sunday and Monday "A Taste of Italy in the White Mountains"



#### GORHAM PUBLIC LIBRARY

35 Railroad St., Gorham, NH 03581 603/466-2525 gorhampubliclibrary@ne.rr.com Monday – Friday: 10am – 6pm Saturdays: 10am - Noon

## **Gorham Public Library Staff Picks**

The following are some thoughts on books by your local library staff - enjoy! FICTION

Bones Are Forever by Kathy Reichs. Forensic anthropologist Temperance Brennan is back in Montreal as she and her sometimes partner, Detective Andrew Ryan, chase a murder suspect across Canada to the remote Northwest Territories where their case and their personal relationship become more complicated. Fans of the Brennan/Ryan saga will enjoy this thriller.

The Prisoner of Heaven by Carlos Ruiz Zafon. (3rd novel in the Cemetery of Forgotten Books collection) It is 1957 in Barcelona, and Daniel Sempere's good friend Fermin Romero do Torres has a long kept secret. As the truth about Fermin's past during the traumatic and dangerous days of 1939 come to light, Daniel finds that his own past is closely linked to that of his good friend. Murder, mystery, intrigue, and the enduring strength of true friendship are found in this beautifully written story.

Winter of the World by Ken Follett. (Book 2 of the Century Trilogy) The Dewars, the Peshkovs, the Fitzherberts, the Leckwith-Williams, the Von Ulrich families are all dealing with the aftermath of World War I, and we readers can't 'help but be immediately drawn into their lives. Filled with rich characters and historical detail, Winter of the World delves into the tumultuous times of Hitler and the rise of the Third Reich, the Spanish Civil War, World War II, and the beginnings of the Cold War.

They're Watching by Gregg Hurwitz. In this world of high technology, do we really know for sure if we're being watched, and if so, why we're being watched and by whom? That is what Patrick Davis faces as he tries to unravel the mystery of how and why he is the chosen victim. As with Hurwitz's other novels, They're Watching is a fast paced psychological thriller that will keep the reader turning pages until the surprising conclusion.

Unholy Night by Seth Grahame-Smith. The author of Abraham Lincoln: Vampire Hunter and Pride and Prejudice and Zombies is back again with another twisted tale. This time he dabbles with the mystery of the Three Wise Men. Who were they? What happened to them? What if they weren't kings after all, but were actually thieves and murderers who came upon the manger by accident? Irreverent as it may sound, this story is an exciting and dangerous adventure filled with likeable and sometime humorous underdogs, violent and evil rulers, and the mighty soldiers of the Roman Empire. For reasons of their own, all are drawn towards the little family of three.

NON-FICTION

Fire in the Ashes: Twenty-Five Years Among the Poorest Children in America by Jonathan Kozol. Award-winning author Kozol presents a harrowing and powerful warning about the failure of society to care for its youngest. He weaves stories of children he's followed as they grew up and shares hope as well as tragedy. This is inspiring and thought-provoking as well as a great read.

Joseph Anton: A Memoir by Salman Rushdie. Having survived a death sentence by the Ayatollah Khomeini, issued in 1989 against him for his writing, Rushdie has a lot to say about the nature of state-sponsored terrorism, living under extreme threat for a long time, and the role of books and free speech in local and global culture. He chronicles the constant flux of those years with a keen eye for detail and writes movingly of his struggle to raise children and maintain a semblance of normality in a bizarre, upended world.

No Easy Day: The Firsthand Account of the Mission that Killed Osama Bin Laden by Mark Owen and Kevin Maurer. This is the true account of the special "SEAL Team Six" and their mission to seek out Osama Bin Laden. It is truly a remarkable story of how these men train and are so focused on their missions around the globe. Very inspiring – a must read.

Madcap May: Mistress of Myth, Men, and Hope by Richard Kurin. As the title suggests, May Yohe, an actress/singer circa the Gilded Age, led a wild and varied life. Born of humble origins (in an inn in Bethlehem, no less), she rose from the local stage to international fame, mystery and fortune only to lose it all and begin again. At one point she owned and wore the Hope Diamond; at another, she washed floors for a living. Throughout, her spunk and optimism carried the day. A fun and engaging read!

## **Glimpses of Gorham's Past: Morse Livery Service**



Source : Gorham Public Library.

Horses were not always the predominant animal in the early days of Gorham's history. Oxen were more common at first, as they were stronger and more durable for pulling stumps and rocks, for wagon travel and could provide food in a pinch. As the roads improved, horses became more common, for riding and pulling buggies, sleighs and Concord coaches. Western draft horses were also used by area logging companies, along with oxen. Thus there were many livery services in Gorham and nearby towns, boarding and renting horses as well as storing wagons of all types.

In early September Ferne Coffin Fogg, her younger sister Maggie McKinney, Mike and Louise Barrett and Sandy Cohen-Holmes paid a visit to the Gorham Historical Society museum. They wanted to share some of their memories of the Morse Livery, among others.

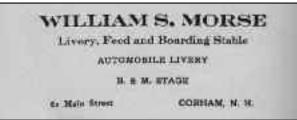
Tragically, Ferne's father, Nathan Coffin, was killed in 1917. A mechanic in town, he was run over near the Boston and Maine Railroad trestle while changing a flat fire with a lantern. A year later her mother, Edith MacPherson (the current Girl Scout Camp on Jim Town Rd. was the MacPherson farm) remarried William S. Morse, owner of a livery service at 61 Main St. Ferne, having a wonderfully sharp memory at the age of 97, and her family shared with us highlights of the livery and life in Gorham in the early 1900's: My stepfather's stable could board twenty-three horses. Two of the horses were special. They were not chained in and when they heard the fire whistle they would back out of their stalls and go on down the ramp by the time the fire engine (most likely a hand pumper) from up on the second floor would come down on the elevator. They would back into the shaves, quickly be harnessed WILLIAM S. MORSE and off they'd go! Livery, Feed and Boarding Stable The men who worked in AUTOMOBILE LIVERY the stable for my stepfather B # M. STAGE were Billy Brown, Earl CORHAM, N. H. Libby and two others whose the Main Street names I don't remember. Morse Livery ad, source is old Berlin-Gorham They took care of the harphonebook at Gorham Historical Society nesses, shined the brass, fed

and took care of the horses. Earl would take guests from the Mount Madison Hotel around the mountains. Billy Brown picked up the passengers from the Grand Trunk Railway and took them to the Boston and Maine Railroad station, which was on the Lancaster Road. Billy also shuttled mail, baggage and freight between the two railroad depots on opposite sides of town.

There was a hearse on the second floor of the livery stable. I once got spanked for playing with my dolls in the hearse. There also were three rooms on the second floor for workers, as well as lots of hay and kittens. On the first floor was a cart with three wheels. It was divided into two parts, one for cracked corn and the other for oats for the horses. I loved cracked corn so I would climb into the cart of the pile was low. Once I was in the cart all night. A big rat came in and I screamed. No one came and the men found me still in the cart in the morning, when they began to feed the horses.

Once my stepfather told my brother Gerry and me that he'd found our sister Marion in the hay with some new kittens. We raced upstairs to look for them. Then I fell down a hole in the floor, which was used to drop hay into a box stall, where a mare was trying to foal. I frightened the horse and my angry stepfather grabbed me and practically drowned me in the watering trough. Billy Brown rescued me, took me into the harness room, stripped off my wet clothes and put me in a bedroom. The mare gave birth to her foal in spite of my fall into the stall or because of it. Meanwhile, my mother was in another room, with a nurse, having just given birth to my sister Maggie. I developed pneumonia and was sent to my grandparents, Jennie and Charles MacPherson, at their Jim Town Rd. farm, where grandma nursed me back to health.

In the winter, Billy Brown, used to drive a sleigh. It had four seats, each with a black bear skin rug and flat hot stones for people to put their feet on. Saturdays were often not busy so my brother Gerry and I would go for a ride. When we got to a place with few houses, Billy would take out a little brown jug, open it and have a swig. I learned later that it was hard cider. A big barrel of it was kept in our cellar just for him. We had a good time. The kids also laughed when the horses pooped. I blessed Billy Brown because he kept us out of mischief. My mother had a red sleigh. She had a horse named Ginger that no one else could ride or touch. Mom was the only one who could harness him. When she was well, she would us in the sleigh and drive us around the Common a couple of times. We thought that was fun. My stepfather had racehorses too and would go to the Brunswick-Topsham Fair and race them with a sulky. There also was a long carriage shed on the property where people could tie up their horses and leave wagons. Dr. Bryant had his carriage in the shed during the summer, as did a priest. There may have been more but I don't remember. My stepfather also owned a Dodge touring car, similar to a beach wagon. He had an eight passenger Hudson too. Earl Libby and another worker used to take the cars and drive tourists around the mountains. Eventually, my stepfather sold his business and we moved to lower Main St. My mother's horse and a pair of grays were the only ones that they kept. Such stories and photos make up the fabric of Gorham's rich and diverse history! We owe great thanks to Ferne and her family. The Gorham Historical Society encourages everyone to try to capture their family's stories and to label family photos while memories are clear.



Reuben Rajala, Gorham Historical Society



# Northway Bank 260 Main Street in Gorham

Drop off new, unwrapped toys so that every child will be surprised this Christmas, no matter what their financial circunstances, with something under their tree. The U.S.

Marines will be picking up your donations just before Christmas, will have them wrapped and distributed, just in time for Santa to deliver on Christmas morning.

**New Hampshire Food Bank** A program of New Hampshire Catholic Charities, the New Hampshire Food Bank serves as the only Food Bank in the state. Our current approach to ending hunger includes developing programs to help educate our registered agencies, rolling out a Mobile Food Pantry, expanding our Cooking MattersR program, and developing our Recipe for Success program. Every year, the Food Bank distributes over 7.8 million pounds of donated, surplus food to more than 400 food pantries, soup kitchens, shelters, day care centers and senior citizen homes. These registered agencies in turn provide the food to over 130,000 different men, women and children throughout New Hampshire each year.

For more information, to volunteer or to find out how to help, go to http://nhfoodbank.org or call (603) 669-9725.

The New Hampshire Wine and Liquor Outlet on Main Street in Gorham will have a donation box set up for you to drop off the items of the month.

> October is Mac & Cheese Month November is Canned Vegetable Month

### **HUNT FOR THE HUNGRY: N.H. FOOD BANK SEEKS MEAT DONATIONS FROM HUNTERS**

New Hampshire hunters can share their fall harvest with the needy through the "Hunt for the Hungry" program at the New Hampshire Food Bank. Once again this fall, the food bank is collecting donations of whole or processed game animals for distribution to more than 400 food pantries, soup kitchens, homeless shelters and group homes statewide.

Last year (2011), the Hunt for the Hungry program took in 2,000 pounds of donated deer, bear, moose and other game meat for distribution to the needy.

To donate game, and for packaging instructions, call the Food Bank at 603-669-9725, x240. If you're donating a whole deer, you can bring it to Lemay & Sons Beef in Goffstown, N.H. (603-622-0022), and they will process it for the food bank at no charge.

Please note that the N.H. Food Bank is not equipped to accept donations of wild game birds, such as wild turkey or grouse.

"We are counting on continued strong support from hunters this year," said Bruce Wilson, Director of Operations for the N.H. Food Bank. "Donations of protein foods are always hard to come by. That's a big need that the Hunt for the Hungry program helps fill. Venison is especially popular, a real treat for clients."

"The Hunt for the Hungry program is a great way for hunters to share their harvest and help needy families get through the winter," said Glenn Normandeau, Executive Director of the New Hampshire Fish and Game Department. "Wild game is a local renewable resource that is high in protein, low in fat and

## **SENATOR AYOTTE'S STATEMENT REGARDING SENATOR JOHN DURKIN**

U.S. Senator Kelly Ayotte (R-NH) released the following statement today regarding the passing of former Senator John Durkin (D-NH). Ayotte now holds the seat that Senator Durkin held from 1975 to 1980.

"I join citizens across New Hampshire in mourning the loss of Senator John Durkin. From the Navy, to state government, to Capi-



tol Hill, he devoted much of his life to public service. There's no question that his 1974 Senate race will remain as one of the more compelling chapters in New Hampshire history. My thoughts and prayers are with Senator Durkin's family and friends during this sad time."

### Ayotte, Shaheen Seek Assessment of Air Force Land Use at New Boston Station

Senator Ayotte and Senator Jeanne Shaheen (D-NH), members of the Armed Services Committee, are asking the Air Force to assess its use of land at New Boston Station, which supports the 23d Space Operations Squadron's mission. In a letter to the Air Force secretary this week, the senators ask the Air Force to determine and report back on whether the 23d Space Operations Squadron's critical mission requires that the Air Force retain all 2,826 acres at New Boston Air Force Station. The Senators wrote the letter after receiving inquiries from New Hampshire veterans about increased access to the land.

"It has recently come to our attention that the Air Force may only need a fraction of the land at New Boston Air Force Station to support the 23d Space Operations Squadron mission," the Senators wrote. "We ask that the Air Force analyze and notify us whether any of the land at New Boston Air Force Station is not required for the 23d Space Operations Squadron's mission."

#### Volunteers Walk from Maine to Florida to **Raise Funds for Veterans Active Heroes hikers: In Portsmouth Ayotte meets**

with pair on cross-country journey for veterans

By Jim Haddadin, Foster's Daily Democrat

Sen. Kelly Ayotte threw her support behind the cross-country journey of a U.S. Army veteran and his hiking companion during an appearance in Portsmouth. William Mosebach and Kristen Creech, walkers volunteering on behalf of the nonprofit group Active Heroes, met with Ayotte at Prescott Park. The pair are walking from Maine to West Palm Beach, Fla., a journey of more than 2,500 miles expected to last more than six months, in support of military families.

## I'm Glad You Asked

Still on the subject of thinning hair, as



promised this month we'll discuss a few more solutions that are a bit more radical. Both can be very expensive and time consuming, not to mention a little more difficult to find. So why discuss them at all? I'm glad you asked...



**Susan Griffin** 

I have customers that have been battling fine, thin hair for most of their adult lives and some who after they turned 40

tried every product imaginable for thinning strands with little to no success. I think everyone gets to a point in their lives when they simply want a solution to a problem that has been nagging at them for way too long. Information is power, so once you investigate either Hair Transplants or Extensions, you can make an educated decision on what might work for you.

Hair Transplanting is a surgical procedure in which hair follicles from an area on your scalp where growth is dense are removed, and then surgically implanted in thinning spots. Hair in the "normal" area does grow back. Prices can range from \$6 to \$10 per graft (one hair follicle), and you need several thousand. The bill: \$4,000

all natural - not to mention delicious.

For more information on donating to the New Hampshire Food Bank, visit http://www.nhfoodbank.org.

For information on hunting in New Hampshire or to purchase a hunting license, visit http://www.huntnh.com.

#### **SHELBURNE UNION CHURCH (Founded 1818)** Shelburne Village, N.H.

The Thanksgiving Service will be held on November 11th this year and will begin at 7:00 p.m. Because of the Church temperature being too cold for comfort, this service will be at the Shelburne Town Hall in Shelburne Village. Thank you, in advance, to all whom attend.

## SHELBURNE NEIGHBORS' CLUB

Join us to meet neighbors, make new friends and enjoy a program or two!! Next Event: November 14th - WREATHS BY WENDY - To be held at the Williams' home at North Rd. How to make a Christmas wreath, led by Wendy Williams, with all materials supplied. We'll each make a beautiful Christmas wreath to take home!

or more. For further information, call 1-800-BOSLEY-1 or visit www.BosleyPro.com Like anything be sure to shop around.

Hair Extensions thicken the manes of many celebrities, thought their lush locks were natural? Think again! To find a stylist near you to attach them, you can check on line; hairuwear.com, which lists salons that use Great Lengths extensions. There are other brands as well, so shop around. Extensions are bundles of human hair, each of which contains about 25 strands held together at one end with keratin protein. The bundles are glued to the roots of the hair, using a bonding machine. They last about four months, at which point you return to the salon and get them removed with a solution that dissolves the keratin. It takes about an hour to attach 60 bundles, boosting the hair's density by about 30 percent. The pieces are trimmed to match the length of your locks and for two days; no combing, no washing, no products containing silicone. However, it's expensive and the price varies depending on how many bundles are added. There is a more affordable approach, a line of clip-in hairpieces by Hairdo (also at hairuwear.com). Once you make the initial investment, they are yours to put in your hair whenever you please. You can get them in all different colors, lengths, hair pieces and pony tails.

I hope this helps you move forward to make a decision on what best suits your needs and your pocketbook. Until next time...

> Susan Griffin, Hairstylist and Salon 64 Business, Owner 64 Main St., Gorham; (603) 466-9964

## **Gorham's Congregational Church**

(Part 2 of 3, continued from Issue #8)





## Watch for Our Little Ghosts and Goblins as They Trick-Or-Treat this Halloween (See Walter's World Page 7)

## FRIGHTFULLY FUN FRIDAY

#### October 26 – 5-6pm For children Pre-K through 3rd grade

Mark the date! Children Pre-K through 3rd grade and their parents/ guardians are invited to join the loony librarians for a fun-filled (and a little spooky) hour, filled with storytime, cupcake decorating, costume contest (two age groups: infant - Pre-K, K-3), and more! For information, please call "the loonies" at 466-2525.

#### **Bring Your Little Ghouls &** Goblins to Mr. Pizza's and BoBo T. Clown's 5th Annual Halloween **Spooktacular** Friday October 26th from 5pm-8pm at the Gorham Town Hall's **Medallion Opera House**

Everyone in costume will receive a free grab bag item. Play games, pizza will be served, coloring contest, costume parade and contest, trick or treat stations and much, much more! Event is suited for children age 12 and under and must be accompanied by an adult. Hope to see you there!



The Gorham Middle High School Community Service Group and Pathways For Thursday's Child partnered once again this year to collect 86 bikes for Bikes Not Bombs. Over 700 bikes have been collected in the last six years and the support from the North Country is greatly appreciated. These bikes are refurbished and distributed to inner city youth and also shipped to nations in Central America. Bikes Not Bombs promotes bicycle technology as a concrete alternative to war and environmental destruction. BNB's programs involve young people and adults in mutually respectful leadership development and environmental stewardship, while recycling thousands of bicycles.

Submitted by Matthew Saladino



Also newly built were the Post Office - Hezekiah Ordway the first postmaster -Lot Davis' store, Jonathon Lary's grist mill and Andrew Lary's "Lary House" for entertainment and lodging. Together, the Lary brothers built the first sawmill, providing winter employment, which stabilized the local economy as it brought U.S. currency into circulation. The families could then afford to hire a teacher for the children.

These independent inhabitants were rewarded with sovereignty from Shelburne: articles of incorporation for the Town of Gorham were signed by Governor Isaac Hill, June 19, 1836. The Lary brothers were authorized to call the first town meeting, held in Andrew Lary's tavern. Of the hundred and a half citizens, there were twenty-three taxpayers that that first year. In the early years, Gorham's citizens built schools, they built a road three rods wide to the Berlin line, and they built a solid and respectable reputation for their village.

They were decent, hardworking but not affluent. At times taxes were difficult to collect, especially on unimproved lands which were often seized and auctioned. No longer subsistence farmers, work was still a constant in daily life whether at home, on the farm, or working at a trade. The first fifteen years of Gorham's history were unremarkable; by 1850 the population had only grown to 224.

Immense change came in the early 1850's brought by the St. Lawrence & Atlantic Railroad; the railroad conveyed trade, freight, and a new commodity, tourism, to the village. Years before, Lancaster and Bethel had been the nearest market towns, each a long day away; now goods moved in a 150-mile radius of Boston, Montreal and Portland. Good employment was furnished at the railroad yards and repair shops which were built here. Travelers were accommodated - and more jobs furnished - at the Mount Madison House, Alpine House, Gorham House, and Willis Cottage, all near to the train station, Glen House in Pinkham Notch and Summit House on Mount Washington.

Now many Industrious men who saw ample business opportunities came to this community. They were merchants, builders, bankers, doctors, lawyers, lumbermen, teachers, tradesmen, hoteliers. They traded upon the bounty and beauty of the Presidential Range. Our region was painted, photographed, lauded, and experienced by men and women who came from across the nation.

(continued in the next issue)

## St. Kieran Arts Center presents Berlin Jazz!

25th Anniversary Celebration Concert Sunday, November 18 at 2 pm Listen to the amazing sounds of the Big Band Era played by twenty outstanding musicians & meet their new vocalist!

Enjoy a special afternoon featuring the best of Jazz, swing & anything goes! Unveiling our new 2013 Series! Tickets \$12 St. Kieran



adults/\$6 students

Sponsored by Couture Construction More information: 752-1028

## Franco Fest 2012

Our newest heritage event! French Food, Fun & Festivities

Sunday, November 4, 2012 CELEBRATION SCHEDULE



11:30-1:30-LUNCH with Josee: Homemade Traditional Meat Pies, Sides, rolls, coffee & dessert prepared by Lucille Paradis & her wonderful team of Quebeqois cooks & bakers! \$10

11:30-2:00-FUN FESTIVITIES: Music, raffles, themed gift baskets, gift certificates, 50/50, door prizes, new W.R. Brown Arabian Exhibition, Geneology table & more!

#### 2:00-4:00 -JOSEE VACHON CONCERT! \$12

\*Concert admission is free to St. Kieran Season Ticket holders!

\*\*Tickets for both lunch & the Concert \$20

Sponsored by Kimothy & Brenda Griffin, Kelley Trucking & Fleury-Patry Funeral Homes BRING YOUR NEIGHBORS, FAMILY & FRIENDS!

PG. 4



Eighty-five people attended the Brian Wu Memorial Scholarship Fundraiser that took place at Moose Meadow in late September. The event was once again a huge success bringing in over \$1000 for Brian's scholarship. The Mt. Madison Motel, Mr. Pizza, Saladino's, Save A Lot, Frito Lay, Moose Meadow Mini Golf and Berlin City Auto Group all made donations to make this event possible. Thank you for your generous contributions!

Submitted by Matthew Saladino

#### **The Backyard Gardener Spring Bulb Basics**

Do you dream of growing a carefree spring garden that expresses clusters of bright cheerful rainbow-colored blooms after a long colorless exasperating winter? Don't get me wrong, I enjoy the winter here in the North County but when I see that first spring flower gracefully opening up it gives me an over all excitement and insurance that spring is here to stay!



Will O'Brian

Many question that were brought to my attention were based around the planting of spring bulbs in the fall and not knowing what to plant for bulbs that bloom throughout the spring? My personal combination that I would recommend

for the novice gardener is the Crocus, Daffodils and Tulips. The reason is simply because these are the three most common spring bulbs that are easy to grow. With a little care, they will produce flowers year after year. Although, if Tulip bulbs are not properly fertilized they usually will produce less flowers after the second year.

#### Selecting spring bulbs:

For beginners, I recommend purchasing bulbs that are prepackage with a list of how to instructions on the back. Once you become more confident in growing spring bulbs you may want to purchase special bulbs from professional hybridizers or purchase the ones that you usually see in bins at local hardware or feed stores. That way there you can be a little more particular by inspecting your bulbs to ensure that they have a large, all-over robust appearance; just as if you were choosing an onion at the market. Bulbs that are large will produce more flower. Bulbs that are small or even small double bulbs will produce less and smaller flowers.

#### Where and when to plant:

Before planting, first study the area that you would like to plant your bulbs in. It doesn't matter if it's sunny or shade because they will be successful in both. However, if you plant your bulbs in a wet spot they will surely rot! If you are not sure the area you chosen is too wet, just easily take your watering hose and give the area a good watering. If the water is still puddled up after two hours then chose another location. If it appears soaked, you might only need to apply peat moss to absorb some of the dampness. The area should only appear damp after you have watered. You can plant the bulbs when the ground is still soft, planting right into November.

#### Soil preparation and planting:

Spring flowers always look more attractive and healthier when planted in small or large groups. I like to plant bulbs in groups of at least five to eight with the shortest in front and tallest in back. For example, I would plant a group of crocuses in front of Daffodils, and Tulips behind the Daffodils. Or you may want a different design and plant the groups totally separate? It's your own palette and it will show your personal reflection through your design. When I visited the Biltmore Botanical Gardens in North Carolina, I've seen spring flowers planted in beautiful symmetrical patterns and rows, however this will take a lot of spring bulbs to do this but it looked wonderful.

### **Thank You Gorham Walkers!**

by Sylvia Saladino

On September 8th, a cool brisk Saturday morning, 75 walkers committed to creating a world free of Multiple Sclerosis, walked a five mile course and raised more than \$7400.00!! This walk is a great opportunity each year to walk together and to raise crucial funds for cutting-edge research, drive change through advocacy, and provide support and services that help people with MS in their daily lives.

The funds raised are vital in order for us to meet the needs of the families we support. To put that amount into perspective, last year the Walk MS Gorham raised just under \$4200.00!

Those of us that walked in town were joined in spirit with the Lussier family who hiked Mt. Washington. Five brave souls, including Erika Kennedy, diagnosed with MS two years ago, scaled the mountain and successfully made it to the top, flashing their bright orange t-shirts!

Special thanks to all those who walked, donated, volunteered, and prayed for the success of this walk. AutoNorth, Pre-Owned Superstore, generously donated \$25 of every vehicle sold during the month of August, to our walk, presenting us with a check for \$1300! A very big thank you to Shawn Hanlon, Don Noyes and all their super sales people!

We are already planning for 2013 Walk MS, and are looking forward to seeing you all again next year. Remember, every step that you take in the fight against MS moves us closer to a world free of MS.

## FOR SALE:

**3-WHEEL SCHWINN ADULT BICYCLE, wine colored.** Excellent condition: asking price \$279.00. (Originally purchased from Wal-Mart) Call 603/466-2848 in Gorham, NH for details.

## **Gazette Cooking Corner**

#### SHARON'S PUMPKIN BARS

#### Cake

2 cups all purpose flour 2 tsp.baking powder 2 tsp. ground cinnamon 1tsp. baking soda

1/4 tsp. salt 1can (16 oz.) pumpkin pie filling 1 1/2 cups sugar 1 cup oil, preferably canola 4 eggs

#### Frosting

1/2 cup butter, at room temperature

1 pkg.(3 oz.) cream cheese, at room temperature 1 tsp. vanilla extract

2 cups confectioners' sugar

#### Cake

Preheat over to 350 F. Butter 15 x 10 jellyroll pan. Combine first 5 ingredients. In bowl with mixer at low speed beat pumpkin, sugar, oil, and eggs until combined. Beat in flour mixture until just combined. Bake 25-30 minutes or until toothpick inserted into center comes out clean.

Cool copletely in pan, 45 minutes.

Frosting; In bowl with mixer at medium speed beat butter, cream cheese and vanilla until smooth. Spread over cake; cut into bars.

Makes 24 bars. Per bar 281 cals.; 3 g. protein; 15 g. fat, 50 mg. chol.; 35 g carbs.;164 mg. sodium.; 0 g.fiber. Enjoy!

Submitted by Joanne Holmes

## **GET YOUR 2013 NEW HAMPSHIRE** FISH & WILDLIFE CALENDAR

The New Hampshire Fish and Game Department has launched its all-new 2013 New Hampshire Fish & Wildlife Calendar, showcasing professional photography depicting a wide range of New Hampshire's fascinating wildlife. If you enjoy New Hampshire's great outdoors, this is the calendar for you! Outdoor enthusiasts will also appreciate the calendar's handy hunting, fishing and Off-Highway Recreational Vehicle season dates, from free fishing day to the youth deer hunt weekend. This year's calendar also highlights opportunities for "citizen scientists" to participate in science-based management across the state. By buying a calendar, you'll be helping support N.H. Fish and Game's work managing New Hampshire's natural resources that we all enjoy -- the state's fish and wildlife and their habitats. Calendars are available for \$9.95 at http://www.wildnh.com/Shop/calendar.html (shipping is free for 1-5 calendars), or purchase in person at the N.H. Fish and Game Department, 11 Hazen Drive in Concord, N.H. (open Monday through Friday from 8:15 a.m. to 4:15 p.m.). The calendar is a handsome New Hampshire-made product that will bring a touch of the outdoors into your home or office. A great gift for the outdoorsperson or nature lover on your list!

Once you come up with your favorite design, you're ready to dig a hole three times the diameter of the bulb. Then mix into the soil of the hole a soluble fertilizer 10-10-10 (10 %nitrogen, 10 %potash, 10% phosphate) or special bulb fertilizer with two cups of bone meal per ten foot area to ensure strong root growth. Now plant the bulb with the pointed side up not down! Most people make this common mistake in planting them downward and then what happens is that the sprout has an extra distance to grow up and around the bulb and takes a longer time getting to the surface of the soil to bloom and giving the flower a very short looking stem. The pointed part of the bulb is where the leaves will sprout out and on the bottom of the bulbs will produce roots. Cover the bulbs and generously water. When you see the first sprouts add the 10-10-10 soluble fertilizer once again.

#### After blooming care :

After the flowers have bloomed do not cut back the foliage, only cut each flowering stem off. By cutting the foliage the bulbs will no longer grow for next year, however by cutting off each stem after blooming the plant will take less energy from the bulb to produce a seed pod. Let the leaves die back naturally.

If you happen to need any additional information you can visit the many websites offered on "How to grow Spring Bulbs."

With these simple basic instructions and process will surely give you the spring flowers of your dreams.

For addition information please Call Will O'Brien 723-7672

Wholesale pricing is available for retailers who want to sell the 2013 N.H. Fish & Wildlife calendar. Download a wholesale order form at http://www.wildnh.com/Shop/calendar.html.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats.

### **Online Safety Tips for Children**

Most parents today do not understand enough about emerging internet technology to understand the new risks their children are facing as internet users.

Children today are facing new dangers that parents may never even have dreamt of. Some of these new risks include: cyberbullying, exposure to inappropriate material, online predators, as well as the riskof the child revealing too much personal information and making themselves too vulnerable to any number of predators or identity theives, just to name a few.

With children using the internet for school work as well as social networking it is difficult to always monitor their usage. Here are a few tips to keep in mind:

-Keep your computer in a high traffic area (Not the child's bedroom).

-Establish limits for which sites your child can visit, and for how long.

-Establish limits for how many texts and phone calls your child can receive each week, so everyone is on the same page.

-Surf the internet with your child and have them show their favorite things to do. (games, social networking, school sites, etc.).

Many parents feel that if they've installed watchdog software on their child's computer that they are immune from many of the internet dangers. However, installing CIA-level monitoring software on your kids' computers does not guarantee they'll be safe online. Technology can't replace your time and attention as a parent or guardian.

You need to remember that your child has access to the internet even when they are not on a traditional PC (desktop, laptop, tablet, etc.). Did you know that handheld games can connect to the internet and is also available through most cellular phones, and through many gaming systems (wii, xbox, playstations, etc.). It is important to research these items before you buy.

Be aware that many laptops have built-in cameras and that they can be turned on from outside sources. To be safe it is a good idea to keep webcams safely locked away, or with their camera lenses blocked by a simple piece of electrical tape. If your child does use the webcam make sure it is only used in your presence.

Always be sure to check who is connecting to your child through the internet. Be sure to check who their friends are on social networking sites and gaming sites. Make sure you regularly go through their inbox and sent messages for instant messages and e-mails. If you come to realize that your kids are dealing with cyber bullies or potential predators, report them to the website, cell phone service, law enforcement, or www.cybertipline.com or (800) THE-LOST. Cyber bullying is a crime and should ben reported and dealt with like any other. It is important to catch these situations early before they get out of hand.

Implementing these tips is only the beginning to keep your child safe online. It is also important to have a frank age appropriate discussion with your child about internet safety. It is important that your child understand what personal information is, and why it is important to keep it private. Another important discussion to have with your child is what they would do if they were ever asked to meet face to face with anyone online. It's also a good idea that your child has more than one person that they feel comfortable discussing scary situations with. A great question to ask them would be: "Besides me, who do you feel that you can talk to if you are in a scary or uncomfortable situation?"

Your children might not tell you everything, but that doesn't mean you shouldn't ask. Get involved so you're not the last to know. If you have kids who like to play video games, ask if you can play too. When you respect their interests, they're more likely to respect your rules.

If your child does break a rule and does get into trouble be sure not to go overboard. Taking away your kids' internet access because they've done something wrong doesn't solve the problem. Talk to them about protecting themselves and respecting others online. A great online resource to help with these discussions are the free videos and slide presentations that are available through www.netsmartz.org.

Always remember that internet safety concerns are constantly changing with newer technologies emerging daily. While the internet has made our lives easier, it also poses a risk to our children. Some useful internet tools available to help keep your children safe are videos and presentations available through www.netsmartz.org. Additional sites of interest are:

OnGuardOnline.gov iKeepSafe.org GetNetWise.org NetSmartz.org

ConnectSafely.org StaySafeOnline.org

#### **Dugouts on Common – Express Your Opinion**

Over the past several months there has been considerable discussion over whether dugouts should be built on the baseball field on the Town Common.

This would primarily benefit the Gorham High School baseball team, which uses the field from approximately April 1st to June 1st.

The Gorham Booster Club, a private organization, has offered to pay in full for the dugouts. Therefore, the dugout construction would not cost the Town of Gorham anything. There may be some use of Town employees to assist in the process at some point but this has not been determined. There would be no additional appropriations necessary for this project.

A local contractor has offered to build dugouts for the cost of materials, donating his time. He has done this in the past for the dugouts at Promenade Field, which were constructed several years ago. The materials would be paid for by the Booster Club.

There has been much discussion about this at the Board of Selectmen. This has been an item for discussion on their agenda on several occasions. The selectmen have also reported considerable feedback on the issue. In general terms, the possibilities are:

• No dugouts; leave things as they are; storage " shed " remains as is on Park Street side.

• Build large "log cabin " style dugouts similar to those on Promenade Field, with one located on Park Street and another on Main Street.

• Construct some sort of portable dugouts that could be moved.

• Construct canvas dugouts.

• Construct dugouts that would not obstruct the view of the field and historic depot from Main Street, and could be installed just before baseball season begins and removed just after the season ends. These dugouts would only be in place during this period. In addition, construct a more attractive storage "shed " to replace the current unsightly one.

\*The above list is not all inclusive. There may be other possibilities. This list contains the major items discussed to date

Note: For any scenario, the areas around the benches should be addressed by adding gravel or something similar to improve drainage.

Note: Remember, the SAU & High School are tenants of the Town, paying for use of the facilities. Each town in the SAU (Gorham, Randolph, & Shelburne) contributes to this.

Any decisions regarding use of the Common are under the jurisdiction of the Board of Selectmen.

#### What you can do:

It is not possible to take a survey or public vote on every item. The selectmen are elected to make such decisions with public input taking into consideration input from the public.

If you have thoughts or suggestions on what should be done, please send your thoughts to the Town Manager or the Selectmen. They would like as much input as possible before making a decision.

Mailing Address: Board of Selectmen, Gorham Town Hall, Gorham, NH 03581; Telephone: 466-3322

## **GORHAM HOUSE FLORIST**

#### When is Christmas Too Early?

With all religious beliefs aside, for the people who enjoy the whole "package" (yes pun intended) of Christmas, when is it too early to start the festivities?

That seems to be the question this time of year. Some seem to think Christmas arrives earlier each year.

#### Could there be real reasons?

When decorating, for example, you can buy and set up your outdoor decorations before the real cold weather sets in. As one elderly gentlemen told me, it can be dangerous for him to be out decorating in the cold icy weather. He then added; but nothing gets lit up until after Thanksgiving.



Colarusso

That's another concern, that Thanksgiving gets lost in the shuffle.

The few people I talked to all said that even if they start Christmas early, it is



WiredSafety.org CyberBully411.org NetFamilyNews.org. Remember to keep vigilant!

## **Gorham Public Library Reminder: Kindle Available**

Have you seen all those advertisements for the Kindle (electronic book reader)? Have you wondered what it's all about? It's a different way to read a book: it's very light, thin, and convenient. While obviously not the same experience as a regular, print book, it does offer the feature of changing the font (type size) to your need - it can go quite large! We have purchased one for the Library that you can check out. Just come on in and ask at the Circulation Desk. We will download a title from the varied selection of the New Hampshire Downloadable Audiobooks site onto our Kindle and show you how to operate it. If you have any questions, please call us at 466-2525.

Did you know... that when you log in to your library account online, you'll automatically find out how much money you've saved this year by borrowing from the library rather than buying? Make your day by checking out this feature.

You can access the catalog and your account at https://gorham.biblionix.com.

all set aside for their Thanksgiving celebration.

Also, with families living across the miles or some with extended families they will celebrate Christmas/Thanksgiving on Thanksgiving with one side of the family and Christmas on Christmas with the other. This gives everyone a chance to embrace the Holiday.

Crafters who make Christmas themed gifts or attend craft fairs to sell their wears, need to get started early.

So in essence, I haven't really answered the question, just added a few alternate prospectives.

#### Here's an observation of mine.

When it's the end of August and I'm putting out my autumn decorations and displays I always hear "A little early don't ya' think." When it's the end of October and I'm setting up Christmas as I bring out the snowflakes and the fa la la la la I get, "you're rushing the season just a bit." BUT, when it's the end of February or beinging of March and all the spring silk flowers, butterflies, and humming birds are adorning my window displays "bring it on, or I can't wait" is the general song in the air. Hummm!

Just a thought...

Happy Thanksgiving, enjoy and be well,

Terri Colarusso, Gorham House Florist, 10 Exchange St., Gorham; 466-5588

## **The Animal Rescue League of NH-North Conway Shelter Receives a \$200,000 Bequest**

The Animal Rescue League of NH-North has received a \$200,000 bequest from the estate of David Fishman of Philadelphia, Pennsylvania. The donation was presented to the Conway shelter from Norma Willig, Fishman's longtime companion, through her daughter Rona Ahearn (both pictured above). Rona has been a perennial supporter of the Conway shelter, particularly as an annual participant in the Walk for the Animals and Bark in the Park.



**Rona Ahearn and Norma Willig,** donors of the bequest from the Fishman estate to the Conway shelter.

"The Conway Shelter's Board and Staff are deeply grateful for the generosity of the Fishman estate, and to Ms. Willig & Ms. Ahearn whose kindness directed this bequest to the animals here in the Mount Washington Valley of New Hampshire. It is our intention that this gift serve as a financial cornerstone as the organization builds a stabilization plan for our future," commented Board Chair Les Schoof.

The revenue generated by program services, retail and resale shops, adoption and other shelter fees covers less than 40 percent of the annual budgetary needs. The Conway shelter depends on the continued support of the local community, events, grants and donations from individuals to close these anticipated budget gaps.

The Animal Rescue League of New Hampshire - North is a non-profit, all-inclusive animal resource center. We are committed to the Human/Animal bond. Encouraging it through education and animal adoption.

Protecting it when threatened by violence, disaster, or medical emergency. Respecting it when broken by death. The shelter is located at 223 E. Main St. in Conway, NH. Visit www.conwayshelter.org for information or call (603) 447-5955.

## The 4th Annual Tuxes and Tails Dinner, **Auction and Dance November 17**



It is time to get your tickets for the 4th Annual Tuxes and Tails Auction, Dinner and Dance Saturday, November 17 at the Grand Summit at Attitash. Beginning at 5:30 with the VIP (Very Interested Parties) reception the event will feature a live auction and a silent auction, both offering unique and fabulous items. The evening will also feature many fun surprises and festivities to keep things interesting.

A photo safari to Africa is one of Tickets are still \$75 per person and inthe items up for auction at this clude a menu that offers something for year's Tuxes and Tails to benefit the animals in the Conway shelter. everyone. Choices include herbed chicken breast, maple ginger salmon, eggplant parmesan and tortica rustica. To purchase your tickets please go online to www.conwayshelter.org or call (603) 447-5605.

Items in the live auction include a 1976 El Dorado Cadillac in need of restoration, a Cape Cod stay at the Whale Walk Inn in Eastham, MA, a flower arranging class with Dutch Bloemen Winkel, an overnight at Adventure Suites, an African Photo Safari just to name a few.

All proceeds from the evening will go to benefit the animals in the care of the Animal Rescue League of NH-North.

## The Mt. Washington Valley Dog Park **Celebrates 3rd Anniversary in October**

The Mt. Washington Valley Dog Park, located behind the Conway shelter at 223 E. Main St. opened in October, 2009 and is delighted to offer current dog park members and new members a special for the month of October. Renew or join the dog park for \$50 per



## WALTER'S WORLD

#### Dear Neighbors,

HALLOWEEN!! A day of fun for the whole family, with exception of your family members with 4-legs!!

With the customs that surround this special Fall time, the parties, the trick-or-treating, the imagery of witches, goblins and ghosts, at times can be a little frightening to some of us, even the little humans.

The giving of candy is, of course, a big part of the day. Please be careful that we non-humans don't partake of these goodies. For me and my buddies, chocolate is a dangerous, and sometimes deadly morsel. Even you humans shouldn't over-indulge in these things either.

One of my oldest acquaintances, Bosley, a lovely standard poodle from Chicago, wrote a pretty accurate rendition of the Season which I share with you, below. In fact, last year I had one of the experiences she mentions.

I couldn't help observing the activities of the neighborhood revelers and was taken up in the excitement. While our front door was open I decided to join the party outside. I was romping around our corner, having a great old time for myself, not bothering anybody, but just having fun. (Nighttime is always extra special for us non-humans because of all the different smells and sounds, and this night particularly with all the very odd looking creatures surrounding me)

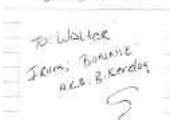
Well, I was quickly noticed by of our big human friends who promptly came back to our door, with me trailing behind sheepishly, and turned me in to my humans. They were, of course, surprised because they hadn't even missed me - Can you imagine that? I guess there was so much commotion, with the doorbell ringing and each little urchin looking cuter than the one before, that eventually my family just kept the door open and stood their, obediently, with bags of candy in hand. And that was when I made my getaway. I can guarantee you that won't happen again this year. I've been warned, very gently, but sternly.

ALSO NOTE: Just as a precaution, don't dress up as a pork chop or a steak. BoBo the Bear is still around. He may think you're dinner!!

Your Friend, Walter

P.S. I apologize to my fan "London" who sent in the Canine Ten Commandments that we printed in our last issue: I believe I insulted his manhood by referring to him as a "she". His human says he's a little "less than a man" since his operation, but still a "male" in every other sense of the word!! Sorry, buddy!!!

Just A Note



I include a thank you note from another one of my admirers, Bonnie, who sent me a bag of home-made dog bones that her "Dad", Big Norm helped her put together. I think he may have even helped write the note! Bonnie also sent along a quote from Winston Churchill that Big Norm provided through an e-mail.

"TO EVERY MAN, THERE COMES IN HIS LIFETIME THAT SPECIAL MOMENT, WHEN HE IS PHYSICALLY TAPPED ON THE SHOULDER AND OFFERED THE CHANCE TO DO A VERY SPECIAL THING, UNIQUE TO HIM, AND FITTED TO HIS TALENT; WHAT A TRAGEDY IF THAT MOMENT FINDS HIM UNPREPARED OR UNQUALIFIED FOR THE WORK WHICH WOULD BE HIS FINEST HOUR."

Those words spoken by Winston Churchill over 70 years ago are very appropriate for all Americans today.

## Howl-o-ween

Hello my furry friends! Don't you just love this time of year? My human calls it dog weather. It's the time when it's cool enough to play outside without getting overheated, and after this humid summer I am thankful (Well, that is if it ever cools off.) Plus, it means the howliday season is fast approaching.

Howloween is the beginning and is one of the scariest and oddest of those holidays. Humans dress up like ghosts and goblins to try and scare one another. Well,

year and receive a free month and a gift certificate for a collar and leash set from Lupine Collars and Leashes, a longtime supporter of the Conway shelter.

"The dog park was a dream come true" said former shelter board member and creator of the park Steve Boulter. "My dog Billy and I come to the park year 'round, and it is as enjoyable for me as it is for him." Proceeds from membership in the park go to park maintenance and to help support the animals in the care of the Conway shelter.

The Mt. Washington Valley Dog Park is open daily from dusk until dawn, 365 days a year. The park is self-policed, and there is a small section for small dogs and puppies.

For more information on the dog park, memberships or the Conway shelter please call (603) 447-5605.

Protecting it when threatened by violence, disaster, or medical emergency. Respecting it when broken by death. The shelter is located at 223 E. Main St. in Conway, NH. Visit www.conwayshelter.org for information or call (603) 447-5955.

often times they scare my fellow pet friends and me too! So, remember to keep us pets in a safe enclosed place during this time. We don't want anyone running out of gates or doors and getting hurt. As if the humans dressing up is not enough, there is a growing trend for us pet's to get in on the fun! My own Human enjoys decorating me with designs and colors. I personally think it's a little much, but on the other paw I get loads of extra attention from people who can't believe their eyes. Many stores now carry pet costumes for all size pets. I would recommend getting us pets used to the costume before Howloween. Many of my pet friends get nervous in these outfits. Please also make sure us pets are able to see and move easily in the costume, and I also recommend something reflective so we can be better seen at night. Thankfully Howloween is only one night, so my friends wag you're tail, bear it, and just remember all the attention you will receive!

Lastly, a warning about the treats you young humans receive. Chocolate can be very toxic to us pets, so keep it well out of our reach. The other candies and goodies you humans receive is also not good for us. You don't want to eat our treats, and we shouldn't eat yours. Which reminds me; please have some tasty pet treats available for us as well. We want to enjoy Howloween too, especially if you force us into a costume!

Please have a fun and safe Howl-O-Ween and don't eat too many treats! Until next time, Boo-Boo Boosley

Submitted by Bosley's mom, Nicole Carfora



"Seven years ago, my husband had a knee replacement at AVH. His experience was so positive, this year, I followed in his footsteps."

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#### For more information, call 752.7750, or visit avhnh.org.

**AVH Surgical Associates** A department of Androscoggin Valley Hospital, 7 Page Hill Road, Berlin













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